









Our Influenza Vaccination COMMITMENT

As part of my commitment to the well-being of our students, families and staff, I encourage annual influenza vaccination and can provide up-to-date information on influenza, also called the flu. I am dedicated to helping you find a practice or location where you and your family can receive an influenza vaccination.

The Centers for Disease Control and Prevention (CDC) and other leading health organizations recommend annual influenza vaccination for:

-  All persons who want to reduce the risk of becoming ill with influenza or of transmitting influenza to others
-  All children 6 months through 18 years of age
-  Anyone 6 months of age or older with certain chronic medical conditions (e.g., diabetes, asthma, heart disease, compromised immune system)
-  Pregnant women
-  People who live with, care for or come into close contact with persons at risk
-  People 50 years of age and older
-  Health care professionals
-  Residents of nursing homes and other chronic-care facilities

If I don't remind you about annual flu vaccination for yourself and your family, please remind me. If you're not sure who in your family should be vaccinated, I encourage you to ask.

Signature _____



Childhood Influenza
Immunization Coalition
The Power of One Strong Voice



National
Association of
School Nurses



National
Foundation for
Infectious
Diseases