

# Our Commitment to INFLUENZA VACCINATION

As part of my commitment to the well-being of our students, families and staff, I encourage annual influenza vaccination and can provide complete and up-to-date information on influenza, commonly known as the flu.

I am dedicated to helping you find a location where you and your family can receive influenza vaccination.

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## The Centers for Disease Control and Prevention (CDC) now recommends annual influenza vaccination for all people over the age of 6 months.

Influenza vaccination is an essential part of good preventive health care; this practice promotes vaccination because:

- ❄️ Influenza is an infectious disease that can cause a range of symptoms and effects ranging from mild to severe illnesses to life-threatening complications, even in healthy children or adults
- ❄️ Millions of Americans get influenza each year; the disease is highly contagious and can spread easily from person to person
- ❄️ More than 200,000 people, including 20,000 children, are hospitalized each year from influenza-related complications
- ❄️ The influenza vaccine meets FDA safety standards; each batch of vaccine is carefully tested before it is released and millions of Americans receive the vaccine each year
- ❄️ The best way to protect yourself and your family from this infectious disease is to get vaccinated

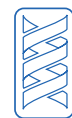
**If we don't remind you about annual flu vaccination for yourself and your family, please remind us.**

**If you have any questions about flu vaccination, we encourage you to ask.**

Signature \_\_\_\_\_



Childhood Influenza  
Immunization Coalition  
The Power of One Strong Voice



National  
Foundation for  
Infectious  
Diseases