



National Association of School Nurses



HELPING ADMINISTER TO THE NEEDS OF THE STUDENT WITH DIABETES IN SCHOOL

## A Program for School Nurses

Effective diabetes management at school requires an individualized plan of care developed by a school nurse for each student. The school nurse coordinates the collection of information from a variety of sources to develop this plan, and then provides the continued oversight to implement and evaluate the effectiveness of this plan of care in the school setting.

H.A.N.D.S.<sup>SM</sup> equips the school nurse with current diabetes knowledge, and provides tools and resources to facilitate effective diabetes management for students at school.

### GOAL

To provide the school nurse with the knowledge, skills and resources to ensure safe and effective diabetes management at school.

### CONTINUING EDUCATION

6.50 CNE Contact Hours

*The National Association of School Nurses, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.*

*(NASN is approved by the California Board of Registered Nursing, Provider Number #CEP 12292)*

### COURSE MATERIALS

Participant Manual and numerous resources to support school nursing practice as it relates to diabetes management at school.

NASN's Programs have been written for registered nurses employed in the specialty of school nursing.

*For more information about how to bring this educational offering to your area, contact us at:*

*National Association of School Nurses, Inc.  
8484 Georgia Avenue • Suite 420  
Silver Spring, MD 20910  
1-866-627-6767  
FAX 1-301-585-1791  
nasn@nasn.org • www.nasn.org.*

## Objectives

### Following this course, school nurses will be able to:

- 1 Summarize current knowledge and guidelines related to diabetes and diabetes management at school.
- 2 Identify the role of the school nurse in developing and maintaining a student's individualized health care plan in providing safe and effective diabetes management at school.
- 3 Describe the management of hypoglycemia and hyperglycemia at school.
- 4 Apply knowledge about blood glucose and ketone monitoring to managing diabetes at school.
- 5 Describe the importance of nutrition and activity in diabetes management at school.
- 6 Describe the role of insulin therapy in effective diabetes management at school.
- 7 Identify issues unique to the school setting that can impact safe and effective diabetes management.
- 8 Identify the key school personnel who will require education about diabetes management.
- 9 Discuss regional considerations that relate to diabetes management at school.